

SUNDAY AM	February 28, 2016	March 6, 2016
ANNOUNCE	Wes McIntyre	Mark Vaughan
SONGLEADER	Roy Halstead	Wes McIntyre
READING	Ed O'Dell	Mike Bungard
PRAYER	Mike Vaughan	Jim Morrison
COMMUNION	Dan Carpenter	Mark Vaughan
ASSIST	Paul Lemon	Mike Bungard
ASSIST	John Stephens	JR Flinn
ASSIST	Doug Stephens	Ed O'Dell
ASSIST	Adam Carpenter	Danny Carpenter Jr.
PREPARE COM	Helen McIntyre	Kathy Black
POWER POINT	Allie Vaughan	Allie Vaughan
SUNDAY PM		
SONGLEADER	Roy Clark	Zach Rominske
READING	Caleb Clark	None
PRAYER	Mike Bungard	David Lamp
COMMUNION	Mike Carpenter	Ben Rominske
Wednesday	March 2, 2016	March 9, 2016
Invitation	Elvis Galbreath	Ben Rominske

Sunrise Church of Christ
598 Old Turnpike Road
Parkersburg, WV 26104
Email us @
sunrisechurch@suddenlinkmail.com
elvis_galbreath@yahoo.com

Minister—Elvis Galbreath
304-422-0511(Office)
740-525-3914 (Cell)

How to be Saved

Hear: Romans 10:14
Believe: Hebrews 11:6
Repent: Acts 17:30
Confess Jesus as Savior: Acts 8:36-37
Be Baptized: Acts 2:38

Website Helps:

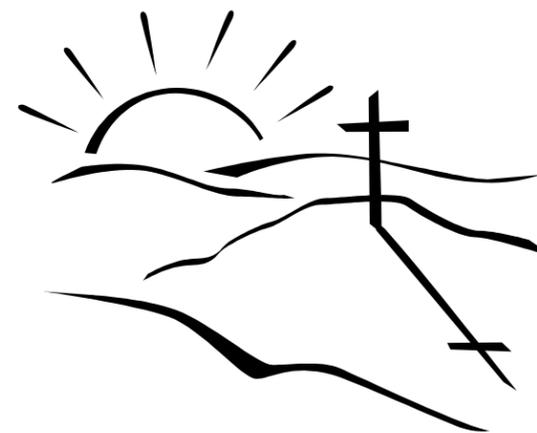
<http://thecolleyhouse.org>
<http://apologeticspress.org>
<http://gbntv.org>
<http://focuspress.org>
www.house-to-house.com/

Sunday February 21, 2016

Bible Study 65
Morning Worship 98
Evening Worship 62
Offering \$1695.00
Wednesday Study (2/24/16) 41
Attendance Goal 120

Meeting Times:

Sunday Bible Class 9:30AM
Sunday Morning Worship 10:30AM
Sunday Evening Worship 6:00PM
Wednesday Bible Class 7:00PM



THE SUNRISE MESSENGER

Volume 26

Issue #10

February 28, 2016



Faith and Optimism

When your cup runs over, is it a blessing, or a mess? Is your glass half full or half empty? Do you make difficulties out of your opportunities, or opportunities out of your difficulties? Are you the kind that complains about the noise when opportunity knocks? Do you claim to be an optimist who doubts that being one really helps?

I was reading Psalm 23 this week, and it occurred to me that King David was a true optimist. "I am never in need...green pastures...peaceful waters...paths of righteousness...my cup overflows...even though I walk through the dark valley of death, because you are with me, I fear no harm...your rod and staff give me courage." His faith in God enabled him to overcome obstacles that would derail our faith. His faith in God allowed him to see winning possibilities in horrible circumstances. Remember how he faced a lion, a bear, a giant, and a mentally unstable king? Remember how he faced the death of a child, and rebellion within his own family? His faith empowered him to live with optimism and assurance of victory.

When faced with setbacks and difficulties, our reactions reveal whether we are people of faith and optimism, or people of pessimism and defeat. There are three basic differences in the way optimists and pessimists react.

The first is that the optimist sees a setback as temporary, while the pessimist sees it as permanent. When David's infant child died, he saw it only as a temporary separation. Even after praying and fasting that the child would not die, his faith in God never wavered. He could not bring the child back, but he said, "I will go to him" (2 Sam. 12:23). Even death is not permanent for those with faith in God.

The second difference is that the optimist sees difficulties as specific, while the pessimist sees them as pervasive. David's sin with Bathsheba was not allowed to destroy his whole life and eternity. He messed up big time, but he dealt with it as the specific sin it was, repented, and went on to live as a man with the heart of God. His failure with Bathsheba did not cause his whole life to be a failure.

The third difference is that optimists view events as external, while pessimists interpret events as personal. King Saul's repeated attempts to kill David was seen by David as rebellion against God, not him personally. He would not raise his hand against Saul because he still saw him as the Lord's anointed. Difficulties are most often simply external circumstances, not personal attacks.

Learn from David to live by faith and optimism. Look upon the inevitable setbacks that you face as being temporary, specific, and external.

Joe Chesser Fruitland Church of Christ Fruitland, MO

Upcoming Events

[February 26-28: CYC Pigeon Forge Tennessee](#)

[February 29: Love and Care Sing 7:00pm](#)

[February 29: Monday Night Merge Camden Ave church of Christ 7:00pm](#)

[March 1: February's Ladies Podcast 8:00pm online](#)

[March 3: Ladies Night Out Western Sizzlin 5:30pm](#)

[March 4: Sing Bridgeport church of Christ 7:00pm](#)

[March 5: Men's Breakfast Golden Corral 9:00am](#)

[March 6: Men's meeting after evening song service](#)

[March 6: Traveling Youth Group Rosemar 4:00pm](#)

Family & Friends In Need of Prayer

Gretchen Lawrie	Jeremy Harris	Bill Taylor	Wanda Vaughan
Mary Kupfner	Ricky Hill	Bryan Taylor	Mike Vaughan
Bill Spears	Roberta Piggott	Bob Thomas	Christie Stitzlein
Chuck Boston	Waylon Kirby	Eric Plotitz	Roselee Stanley
Dan Carpenter Sr.	Brenda Jones	Linda White	Helen McIntyre
Richard Johnson	Kathy Lovitt	Arlene White	Doris Smith
Donnie Piggott	Mary Manzo	James Piggott	Beverly Phillips
Davy Dye	Linda Nixon	Jonathon Neely	Shiva Mead
Phyllis DeLancey	Karen Metz	Melody Melrose	



- † Doug Thomas went through a long surgery Tuesday. They removed his appendix, some of his intestinal track and liver. Praise God the growth was benign. He was rushed back into surgery early Thursday morning with some bleeding. He is now recovering in room 4465 at MMH.
- † Please remember Roy & Judy Balderson's daughter Angie. She had back surgery for scoliosis Wednesday. She is recovering with great pain at New Albany Surgical Hospital.
- † Bryan Taylor is now at home and on hospice please pray for him, his family and friends.
- † Jason Riggs, the husband of a coworker of Anne, is dealing with MS that has flared up.
- † Please pray for Joel Waters, he is the brother of Judith McCutcheon, he has been diagnosed with Lymphoma
- † Phyllis DeLancey is still in need of a pacemaker, her heart is beating fast and she is suffering from high potassium.
- † Deloris Bell came through her vertebrae surgery well. She is now at home, but the doctor says her bones are very soft. Please keep her in your prayers as she recovers.
- † They tested Arlene White's kidneys and they are not functioning correctly. They will keep monitoring her.
- † Beverly Phillips, Tammy's mother-in-law restarted her chemo. She continues to struggle with her health.
- † Please keep Tom's brother Howard Black in your prayers as he is undergoing treatment for cancer.
- † Please keep praying for the Kimes adoption process. They will have a court date very soon.
- † Please keep those that are traveling to CYC this weekend in your prayers.



Birthdays

Janice Martin 3/2

Mark Vaughan 3/3

Dylan Melrose 3/5

Anniversaries

Tim & Tammy Phillips 3/2

SAVE THE DATES

Canton Youth Meeting: March 18 thru 19th

Lads to Leaders: March 25th thru 27th

Sunrise Sing: April 29th

Spring Formal Night: April 30th

Senior Week Bible Camp June 12th thru 17th

Junior Week Bible Camp June 19th thru 24th

Intermediate Week Bible Camp June 26th thru July 1

Sunrise Vacation Bible School July 23rd thru July 31st

Friends and Family September 18th

The Five Finger Prayer

The five finger prayer is a great way to teach someone to pray, or a good model for anyone to use to pray. Remember, James 5:13-16 teaches us to pray for one another.

First, your thumb is nearest you. Begin your prayers by praying for those closest to you.

Second, the next finger, is the pointing finger. Pray for those who teach, instruct and offer comfort. This can include teachers, doctors, and ministers. They need support and wisdom in pointing others in the right direction.

Third comes the tallest finger. It reminds us of our leaders. Pray for the president, leaders in business and industry, and administrators. These people shape our nation and guide the public in many different ways. They need God's guidance.

Fourth comes our ring finger. We could pray for marriages and families. We could also pray for those who are weak, because our ring finger is the weakest of the five. You cannot pray too much for those who are weak, in trouble or in pain.

Fifth comes our little finger. It is the smallest of the five. It should remind us of our place in relation to God and others. God's Word teaches us that, "the least shall be the greatest among you" (Matthew 23:11). Your pinkie should remind you to pray for yourself. By the time you have prayed for the other four groups, your own needs will be put into proper perspective and you will be able to pray for yourself more effectively.

Are you praying?

Lance Morrisett Hooker church of Christ Hooker, OK

Sermon Notes Speaker Mark Vaughan

This Year's Vacation Bible School

We are very excited about our Vacation Bible School this year. The dates are July 24th through July 24th. The youth group from Arnold church of Christ near St Louis, MO will be helping us with our vacation Bible school and benevolence work. The Arnold church of Christ will bring about 20 teens and 8 chaperones to help with these projects. The Arnold church of Christ has been helping other churches in this way for over 40 years.

Josh Robinson, the minister from Arnold church will be visiting with us March 12th and 13th to look over the area and begin the planning for the mission. We have asked Josh to preach the morning of March 13th so we can get to know him further. After morning worship we will share a pot-luck meal together then have our Vacation Bible School meeting.

We want to encourage as many people as possible to stay for this meeting. If you are able to help in any way with Vacation Bible School please consider attending this meeting. This includes all teachers, all male members, ladies that would like to help, those that would be able to house or feed these young people. If we all work hard together this Vacation Bible School and benevolence work will be successful.
May God Bless our effort!
Elvis